

Smartphone format

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Part I: Teachings

(:10). K- Yes, good morning and good day to you as usual wherever and whenever you listen to these series of Knowledge Seekers from the Keshe Foundation (KF) Spaceship Institute. We welcome you back ... to a beautiful setting of teaching. The teaching of today is, more or less follows what the Intro comes from. We call it a "Creator" in the dimension (D) of Physicality (P) we connect the connection of Man in the D of P of the man, we call ?? to ?? We go to Cosmic Rays (CR) and we connected through the D of what we call, carbon 14 (C14). Connection of the direction of what we call "crystal structure," clear transfer of energy, on the back of hydrogen (H). As in many teachings we have explained. If we call it the Creator, the Creator has to be part of the structure which He is created out of.

(:12). And then it becomes a bigger D, a D the Man has not understood. It's like our Universe (U) is a cell in the kidney of a man. It's a world of itself, operates on its own, has billions of sections and whatever. It has a U and Unicose, but at the end it's a part of .. , an organ, part of the body of the man. And that man from outside is observed by the others, they don't see that cell of the kidney. The collection of the cells makes the man. And if man in the D of the P, transmutes his D of emotions through C12 in the vacuum of the body of the man, and the U and Unicose transmutes

itself through the D of C14, again a source of the essence of the creation of H, common denominator of. What was the Creator, and how does the Creator communicates in His own environment? And what beauty from that D comes, that it becomes the food, .. the energy of the Unicose, that it becomes the energy of the U, and part of that U?? are with Him. We eat an apple and the energy of that apple reaches every cell which needs the energies of that apple. The question becomes what are we part of? And what we call the Man who, the organs are part of, without it there is no kidney. Which part of the process of the creation are we in that structure? (:14). It's a living things. Universes move, the axis move, the sun and the earth and the planetary systems move. What are they feeding? What is there ultimate goal of all these essence of interaction of the fields of the U, the Unicose and the U that man has not come to understand. What we call the Prophets of the past have indicated that there are different levels. Now Man with the knowledge has opened some of the levels, the Soul of the Man (STM), the Soul of the Solar System, the Soul of the Galaxy, the Soul of the U, the Soul of the Creator. What is that Soul of the Creator part of, which it's created out of, interaction of its fields? The other point which goes back from micro to macro is, how do ourselves within the body of the man, within the kidney, within the heart of the man communicate with each other. that allows them to find their positions, distance, and their composition? How does our body

recognizes the 3 layers of the skin to protect from outside, balance between the two, and protect the inside, that nothing goes outside? How does one skin on the tip of the finger,

(:16). and one skin on top of the arm connected to each other, that they know they are responsible for each others work, and they have to contain each other? How does the skin of the man communicate with the other organs, keeping your heart and kidney in the same position? Is C12, is C14 in different strength part of it. C12 only works in the matter state. In the body of the man there is no C12 and the effect of the field of C14 behaving like C12, in the D of the absorption and the rest creates dynamism in the body of the man. Then it comes what do we need, what do we have, what do we need to understand about the totality of the Creation? Does the cell of the body .. works on C10? Where the totality of the body of the man works on the D of the C14 in the vacuum condition, and outside matter state is C12. How do our scientists take a blood from the body of the man and then when they test it, they give you that it is magnesium, that it's Ca, and everything else in a matter state outside the vacuum of the body of the man? Where has the knowledge of the man has missed the information? And where has the body of the man has come to, not to understand, the difference between the D of the vacuum, Inertia, and everything else in respect with time, place, and position.

(:18). In the body .. if you take a kidney, kidney has its own Inertia according to the position of the

centralized system of itself. Even the lymph of the man has its own Inertia, that it manifests in that vacuum, what happens inside the body .. in totality of the ?? majority, it has nothing to do with what happens on the outside. You walk in the sand, .. in the heat, you walk in the cold, .. rain your ?? knees don't change characteristics. They still operate, because they are operate separate. They operate on their own structure. They have their own Inertia. And for man of the science to be able to become the physicians of the space, man has to understand this creation of Inertia according to the time place and space. In the body .. , in the galaxy, on earth or anywhere else. Otherwise you will never ever manifest yourself to be observed, to confirm your existence. The biggest problem for the physicians of today, even ?? coming to cancer is that the doctors, our physicians, and scientists have not understood the creation, the amalgamation, the Inertia, which creates that condition, that the cell of the body of the man they come together, and we call it a cell of cancer. If you change the Inertia, in the condition of the position, there is no cancer. Where the new technology (T) is getting developed and getting expanded into the world of the science. Very soon man will know how to get rid of cancers,

(:20). which is the biggest nightmare. Even the Knowledge Seekers (KS) who have been working on this have not understood. And if we do, we become magicians. Do we need to do magic that people understand the science is different. In the coming time, the scientists, those who investigate

the depth of the knowledge of the Creator and the creation, have to observe, have to understand the interaction of the fields, which changes the Universal fields to manifestation of the position and time in respect to the fields of the creation, and in respect to the Inertia confirmation of existence. Which means what Inertia do we need to confirm the P, does not matter if it is in the D of the plasma. Then the question sits for man on both ends, what Inertia, what line of communication happens in the cell of the man, in the minute layers of the kidney .. what happens what line of communication and interaction happens to the Creator of the ?? man. How does He communicate with His environment, how does He get the knowledge and confirmation of existence? Then you understand on both ends of the scale from the created to the creation, it's all the same. What we pray to, prays to another. What we live through, lives through another.

(:22). Man to be successful to transmute from the point of his own creation, to his Creator, man has to understand the line of communication. And then the position of the strength of the Inertia of the existence. We call it gravity. We call it ?? miniature gravity Inertia. But how does change the position. What does the gravity of the Earth in the D of the plasma of the solar system has led to the creation of the Earth. Can we replicate this gravity and all its facets and assets and ?? failures to create another D. The same. Or does this position of the creation of the Earth with its Inertia, which has led to the emotion of the man's creation of

itself, can lead to the misconduct of the man in the D of the Soul in another part of the U. Isn't this why we are here to correct it, as we had enough of the misconduct of the Souls which left the D of the creation from this planet, and their own more creations is based on the wrong strength fields of what we call, Inertia of the Creation. Greed of the man to kill. Greed of the man to destroy. Greed of the man because his "boss" did not supply (enough energy). If your husband doesn't bring enough food home what do you do? You go to the neighbor, you go shopping, you go and get something to survive.

(:24). So is the behavior of the man on this planet. The planet does not supply enough to confirm, to feed the local Inertia of the need of the body of the man. So man kills, like the wife going shopping. Man and everything from his environment 80% (20%) man goes shopping. Shopping another Soul, shopping another seed, shopping another plant. But this time the shopping is eating, slaughtering, and the rest of it. When you do not have enough, you get it from somewhere even by stealing. So man has become a thief of other lives. And because he does it, and everybody else does it, has become a norm. We all do it, because don't eat for 24 hours, don't eat for a few days and you die. So we all become thieves, and we justify our theft that we want to survive. Because the Inertia of planetary system, the Inertia of the body of the man system has not managed to create the condition to absorb what it needs from the free fields of the U. We are all murders. In a way, we

close our eyes because everybody else does it. We call it "meat eaters," we call it vegetarians, we call it every other name, except, accepting the truth, that we kill to survive. And it's normal, because we can justify it. What happens if the man changes the D of that 20%, and the wife does not need to go shopping.

(:26). Man will not need to kill. Then it comes to another point in the long distance in the education of the man, will come clear. Does the Creator does the same in the D of His own dominion, and His own Inertia, to free the structure of the U and the Unicose, which is within Him? Then it comes to understand, when the man becomes a traveler of the U in a very short time, do we understand this, that we do not need to create the D of Inertia manifestation of P in the dominions and the places where he cannot create the totality of the need of the man. Then would this create a new D for existence of the man? We went from C10 to C12 to C14. Does our Creator lives in the D of C16, for His communication and extraction ?? of the fields of His own U. Does the Unicose work on the 16, and the Creator on 18. Or is it just packs of energy we have put ?? names to. The bigger you are, the more you eat. A fish is like a ?? little ?? and the bear with a full stomach. (:28). This is how we have to understand. This is how we have to go to the D of the ... Knowledge of the Creation. We are on the verge of becoming the travelers of the space. In the next few years man will ?? travel around in the space the way he could never dream. Once we start the colonization

in the next 2 to 5 years with the support of the nations. Where will be the next step? When we build these space cities. Do we test the reality of the life in the space on what man likes to see, to be in the space. Do we become realistic? Would the science of the space become part of the life and living of man? And then the question for many of you, now that you have learned about the D of the Soul, what you have learned you can travel by the D of P is, how do I teach the Soul of the Physicality (STP) within me to become obedient to the law of the Creation and accept that it can live with different dominion of Inertia, that does not need to lead to manifestation. Go back and look at something many of you do on a daily basis. You call it electricity, we call it, production of energy. What happens when the knowledge of the man extends to the point, that he understands that he doesn't need a rotating magnet and the Fe for him, for a Cu for him to create electricity or energy. (:30). We don't see rotating magnets in the dimension of matter state, and we see so many lightening and thunder. When will Man this knowledge. And then when you can do this, what does it absorb, what does it bring? Where mankind missed the knowledge of the Creation? Does our Creator subjected to the Creation by itself? Or, has the Man become subjector and ??. What is interesting to us is how do we become part of the process of the T of the Creation. And how do we become part of the understanding of the Creation? How do we extend our knowledge to the point that we understand the dominion of manifestation,

(:32). confirmation of existence without need to confirm P. You call it, the state of dream. We call it, the state of understanding, we call it, the understanding of the Totality. But the reality is different, than what we've been taught in the schools and the Universities of the Man. All the knowledge of Man is based on Man's understanding of the matter state, not on the understanding of the fields of the U. And would we, and do we need to extend the knowledge of the Man to the dimension of the Creation of the U. Otherwise Man will not become the Man of the U. because he doesn't know how to survive. I let vou loose from the space station, you suffocate. I let you loose without the "monkey clothes" of the NASA on the Moon, you die. Because you think you need that Oxygen. You gasp for what it is, the matter state of the Earth. When will you learn that the way you jump off the side of the pool, into the pool, and you swim for a time in it. It's the same as jumping out of the Spacelab, you adjust yourself to take energy from the environment and change to it. We do that at the point of birth. We are in the beautiful swimming water of the womb of the mother, and in one instance we change to air breathers.

(:34). When we change, that instead of breathing air, we jump into taking energy from the Universal level. That we have no fear of jumping out, and we can keep the position and the condition of the body of the Man if we want to. Then, the colonization of the space is a reality of this minute. at this moment, not in twenty years or fifty years. Or as a

guy told me one day, we believe in Keshe T when it's on CNN. What happens when there is no more CNN, and the "Fox" doesn't control it? The name of the owner goes with the animal that it represents, the fox, the thieve. So, are we thieves of our own P? Or have we "foxed" it out of fear, of not understanding the truth about the Creation. Try to create conditions that it gives you the line of connection. I can build you all the systems that you want. UBEUs and the rest, Head Units, and the rest, but when will you learn to allow the emotion to subside. The magnetic field of the body of the Man to harmonize, that allows when you choose, the STM to travel the span of the U without the P leaving the Earth. And don't call it, "a dream." In the sessions of Addiction coming up in next few weeks, on the 28th or so, (:36). of this month, many of you will change this challenge. You have to, you will be ?? chained to it. We are not testing you if you're a drug addict. You are learning not to be addicted to killing. You'll be tested not to be addicted to the air of this planet, that controls you. As we said, our work has hidden agenda, but that we can not bring all out, because many of you will not do, what to learn, but you become another "copycat." You come to learn not to be addicted to alcohol, but in reality we are working on the Soul to learn how to become the passengers of the U. You are happy with your alcoholism, we are happy to make you a Man of U. To open the dimension of the STM. Then it comes to a simple thing, how come the KF systems can do it, but we can't, and they become a

magician, and we are not? Isn't it true, and the fact is that we take the D of Inertia of the P away from the STM, that allows this Man himself to become the representor of his own Creation in D of his?? creation of his ??. The whole structure of the Creation is like a line and a brick. It depends what that line is and what that brick is. The line of Creation is the H, single structure based energy. And the bricks can be C16, C14, C12, C10, anything you want to call it, (:38). carbonated the way you like it you name it, but in fact has no D, it has a strength field D, that at a given point is structured, manifests itself according to his Inertia. And then how do we create that Inertia. Go to Book 1, and read the Book 1 thoroughly when it comes to Inertia. When it talks about the M field and G field, and understand now that we understand the Plasma in a different way, what does it mean. You looked at it on the matter state the first time, look at it this time at the point of the Creator. The words are the same, the ?? intelligence (or intention) of the Man which gives it a different meaning. Then you can create anything in any D. Then you become the magician of the U. Because now you can create what you like, what you think you like. What you think others don't know, and if I show it I'll be smarter. Then Man has to come to understand the Totality. Then Man as to come to understand the D of P, and the D of the fields of the U. And then how to live in both D, or through the interaction of the two, lives in the D of the emotion of the existence.

(:40). Man can live happily in the emotion. Does not need to have a connection with the Soul, or the STP, or, what we call, the "Inertia of the Creation." When you put the STM within the structure of the P of the Man, you have the problem of feeding it. When you put the STP of the man, within the STM, what would the problem be? If the Inertia of the location of the position is not controlled, it's not understood, if it's not balanced within itself. This is the point in many teachings, in a hidden way, I have tried to explain. But maybe today we can just open the door into this. A little gap, a ray of light, that it might open some of your eyes to the reality of the Creation. And fear of departing or letting the STM to bring in the position and D of the STP within it, what you call the point of death. Man can die at any point if he feels it. Because he will become the light, he becomes the plasmas energy. The fear of the Man from end, now it's the joy of the Man in his hand, now that he understands the knowledge of the Creation. How do you change a field of your body to become the Soul of the Creation, become the Inertia of the matter state of the Man in the condition of the fields of the ?? life, energy fields of the STM. If the STM contains the STP of the Man, what we call,

(:42), the Inertia of the Man, Man ?? can even manifest itself within the STM in the D of P. Isn't this what Earth does within the structure of the Soul of the Solar System? Are we any different? Haven't we understood? Is there a planetary system within the structure of the motion of the

Sun? What we see outside is the reflection and the twin set of the system inside. This is not far from the truth. Read the Book of 3, where we talk about cluster of the stars and the galaxies rotating in different ways than the rest in that region. Our U, internally lives and interacts with what is outside it. How does our U shine in its own Unicose? Are we too far from the edge to see the light of the Unicose, which interacts with our Solar System of the Creation of the U? We come to understand more, we come to see more, we come to comprehend more of the knowledge. But, we have to understand the truth about the interaction of the fields. How do we change a field into Inertia? How do we .. change a field to what we call, Inertia of a cell, Inertia of a planet, Inertia of the Solar System, and Inertia of the U, that we can manifest ourselves

anywhere, in any position, place and time? Would the time come, as we wish to travel into the span of the U, and move to the Moon and Mars, in part and in connection wit our Souls.

(:44). We travel within us, we go to the cell of the cancer and find how we can change the Inertia. How we ourselves through the interaction of our own Souls, and STP can heal ourselves within us? Then becomes a magic? Or is the lack of the knowledge has created a false magician? In the coming time, in the process of the systems, which are getting developed, we teach you how to do it. I've done this with KS who are close to us. We ask them to go in and feel the liver, feel the kidney, feel the heart. They tell you the liver is weak. It's

shriveled, it's this, it's that. Some of you KS here, you are those who've done this with me. Then, how many times, and the way I have told you, try to give energy from the Soul to the organ. Try to give it the Inertia at the condition of the fields of the Creation. As we go into the excursions of the U, we have to be able to go to the excursion of within ourselves. Those KS who've been around with me in these matters, they know, they touched their livers. They say, how is your kidney, it's not feeling good.

(:46). So, give it the energy. Try to give what you can. Try to learn how to give to yourself from inside. What we teach is not just theory, it's practice and many of you in different ways, and many of you understand it. But now has to become a global knowledge. It had to become an understanding of the knowledge, not only for Man, but for the citizens of the U. The purpose of the teaching of today is to teach you, for you to understand both D, within and without. What is outside can be achieved inside. If the Man travels in the D of another planet and U, Man can travel within himself too. Do you choose C14 to go, or you choose C10 to go within. These are all energy packs, we give it names out of our own ridiculous stupidity of not understanding the truth. Do you give a glass of water to a new born child when it's thirsty? Or do you give a drop of water to a grow up man to satisfy his thirst? Both does not work, because Man has not understood, there are "horses for courses." You have to understand what is

needed, but in the strength of the fields of the U, not in the size of the cup and a drop.

(:48). Humanity is entering the process of excursion into the U. Would you like to go with the "donkey" of the UFO? Or would you like to go with the "jumbo jet" of the STM? Both are an option on the table. But it seems, that Man prefers the donkey. Because Man can sit on it, the way he sits on the knowledge of the Creation and denies the rest. The way the Man kills and deny the truth, that he does not need to kill. Because he can tap into the U energy and satisfy that 20%, when this planet did no do. If the planet Earth would have released, would have absorbed the D of the fields of the energies, which we supply through the Gans's, which is part of its own creation, would any man ever kill to eat? The new language is much nicer and much funnier. I'm a vegan, I don't cook it, I eat it raw. It's like when you go to a steak house, the American order, "American", which is just the "minced meat," not cooked. What's the difference between a vegan and the Man who eats "American?" I do not know. Except the lack of understanding the truth. They are both taking in the life of another entity. But this time we don't cook it, we are going back to the time when the man had no knowledge of fire. Back in the evolution of the science

(:50). Then the question for many of you is, how many "funny labels" will turn up very soon on the door of our restaurants - "raw plasma," "vegan plasma." Then would that vegan plasma, become another entity and life in another D, and direction

of the Creation. Hypocrisy in knowledge has lead to stupidity of man in life. Understanding the process of the connection between all D is the reality of what we call, existence in the U. Try to understand not only the connection, but manifestation ?? as ?? to, as that connection can give you a manifestation that you ?? will not ?? like. You try to go to Planet Zeus, and on the way you made a mistake, you landed on a kidney of a cat. "Ops, where did I go wrong in it? How long do I have to stay here till the cat dies?" You get yourself in a very bad moment, if you do not understand what the ?? is with the knowledge of the Creation. Understand the process of interaction. Understand the process of the Creation. Understand the interaction of the fields. (:52). Then you understand the gravity. Then you understand propulsion. Then you understand how positioning in the dimension of the fields create a new ?? D. In a way gravity in the space travel have the same meaning, if you understand in our space nuclear reactors, how we expand this knowledge. How do we bring the knowledge of the nuclear into the knowledge of understanding the Creation. When we speak about the nuclear, we have to speak about the energies. We don't look at what is there, how many protons, how many neutrons. We call it, this is a nuclear material gives alpha radiation, beta radiation. We are not concerned if you have 200 electrons, or 2 electrons. Now you have to understand that process of the interaction, which leads continuously, it does not matter in which D and strength, to Creation and the release

of alpha radiation. You get it from helium (He), as much as you can get from Plutonium. Then you come to understand energy transformation, interaction of the fields of the U, interaction and creation of multi-layers of gravity, that each one gives you what you need. The gravity of the Solar System in the D of its Inertia, leads to creation of the gravitational field of the Earth. In fact our gravity is there, because it has been allowed to exist within the Inertia of a given space, time and position. It's gravity to us,

(:54). but it is Inertia to the Solar System. It's Soul to us, but it's Soul of the Physicality (STP) in the D of the fields of the Creation. Then Man needs to know, in a way, where and how to create, or live within both. How can you create both in the same D, and create the dimension of ?? living. We call it, green house. We bring the glass and we create the condition of the desert. Creates the condition of the forest in the middle of the North Pole And we bring the animals of it there to show, that we are very good ??. We see the animals exist, the plants exist, because we managed to replicate it. Why can't we replicate the condition of any corner of the U within our Soul, that within it we don't need to travel the span of the U. The strange thing is, we know how to do it. We call it, a feeling. We call it, a emotion of, "oh, my dear, I known how you feel, I've been there." I feel your pain, and literally, actually feel the pain of your child, because you know through the interaction of the fields you are connected to it. Do you need to travel the span of the U to get the emotion of the

Man in a given time and position? To feel the emotion of the U in that point and its Inertia? (:56). Or, have we ignored another D in the path of the existence? How far, how deep, we have ignored the knowledge which we have just to live in the D of the P? And how much hypocrisy sits within our own confirmation of our own existence? Today's teaching is to open your eye, as usual, to another D and creation, to another structure, to another understanding of the Totality. Then mankind become wise to understanding the process of the Creation. Do I need to have C16 energy to reach the STP of the Creator? Let alone the C18 to get to the Soul of the Creator. Or do I choose the path of H to get in, and when I get in I boast it up to get the energies, which is within me to get to that point. This is what I've said many times, if you understand the process of the Creation of life, in one second you can reach the Soul of the Creator. It's just knowing which line of travel to take, to reach. Not, all goes, and got it wrong.

(:58). So, end up in the ocean. It depends which way you took the road. Try to understand the process of the Creation. Try to understand the process of interaction of the fields. Go back in the teachings, how many times I have told you, don't look at the MaGravs. Look at the field of the MaGravs. And if you understand that, then you have opened a new D in the process of Creation. But all you're happy is, plug it in. You have a knowledge through the MaGravs to the source of the Creation, to the energies of the U. But you are

happy with the crumbs, to pay 10% less in electricity man, who himself took the energy from the U. But in the matter state of the field strength of the man. As long as you stay ignorant, there are people who abuse you, as electricity man, as a water supplier, as a Priest and Mullahs and the rest. It is you who allows the abuse. We can tap into the energy of the fields and as many of you joined us in "Dining with the Creator," and you have enough water in your mouth and saliva. What was the difference 10 minutes before you get in, you are in the same environment. They're in the same room, the same chair waiting for the session to start. And why suddenly at that moment when we start, you are on they're in the ?? beginning of the ?? line interact. "I can taste water, I have so much saliva "

(1:00). 77% of you. Or now you have understood, it's you who have drawn a line of ignorance to the knowledge of the Creation. We have a reason to put these teachings every month, because it takes a month for you to understand, to analyze, and if you felt it, what does this mean? In the coming few days, when we do the addiction. You all come, I'm not an alcoholic, I don't need it. Yes, you're addicted to killing. Yes, you're addicted as a vegan to eat raw. I don't care, I just eat it.

I don't cook it to give energy from somewhere. And it's fashionable to be vegan, and it's fashionable to eat "American." I just add some more minced meat, some more herbs to make it tastier with some more other lives, which I have taken to add to it. Is there any difference between

the rosemary you put in, and God knows what in the meat, and another life. Now we make it tastier. Those of you who are vegetarian, spend half an hour with me. You will change your time and eating habit in no time. Those of you who are vegan, are worse. And those of you who are meat eaters, you do not know which way to run. It just opens your eyes.

(1:02). If I can do this, contact at, contact find a way to tap in the energy, which they give, which they don't need, without killing them. The problem with us is that when we look at a dry beans, when we look at dry rice, to them, to as it's a matter state. But it's alive, it still got the seed of life, you just need to plant it and you'll see it grow. But we choose to ignore it. As I always said, if you give a man a chance, he'll water a sheep for it to grow. Because then he has more of. The only thing is that the man cannot ground a sheep, to the ground, and let it raise itself, on its own place. But we do it with grains, and with god knows what, because that looks solid to us, they have no Soul. As I said to one of my children when he was young. And if you understand the strength of this statement. We take two seeds, you eat one and you plant one. One grows, what grows out of that plant. Then you care for it. It has value, it has life. Don't cut this branch off papa, don't break that part of it. How come you ate the brother? Now you have emotion for the other

(1:04). It is the ignorance of understanding the process of the Creation of ?? Life, which has brought man to this point, to walk to excursions,

and to stupidity of killing. Man only puts men in prison when he kills another man. Man does not put men in prison when he kills another animal, a plant, a seed, or whatever. Because we have made exceptions, because we all do it. Now that we have the knowledge, should there be any exception? Should in the coming time man will frown on those who eat any ?? flesh. We are plasma eaters. But would we learn to steal from the plasma of the others? Or would we learn, that we are there, that what is available, no one needs, we are there to be served. Some animals eat once a year, by killing one animal and that's enough for it. Some man kill everyday in thousands and they call it, bowl of cereals. We are lower than ?? those. Understand to what field strength of the Universe you need to connect yourself to be able to feed yourself in that dimension, in the ??. That you do not carry the habit of killing into space. And I hope that the teaching today is that.

(1:06). As I always say, if I give you enough knowledge that you manage to face the Soul of your Creator as an energy pack, would you eat it, and to see how it is? Try to understand, try to extend the knowledge of your Soul by yourself. When you can't do, I give you a to of technologies, a lot of sessions in the system for your Soul to expand. In a way, I open, ?? I give back your ?? fields, that you expand more. Have you ever blown a balloon in an environment, and then vacuum it from outside, and then see how it grows to fill up the space of the vacuum you created? It's all we do with your Souls in these systems. We

create a balanced energy fields, that your Soul can expand and come to understand the D of physicality in the D of Creation in interaction with the others. But we have to cover it up in every name and possibilities, that you can fool yourself. Try to understand the process of interactions, try to understand what means to have Inertia. What is Inertia to me and the gravity to you, and what is the Inertia in the cell of a cancer, and a gravity in the body of the Man. Then the physicians of today will have no problem curing every cancer within seconds. But at the moment, we still have to play the game.

(1:08). What is the Inertia of the emotion that leads the Man to create himself to the point of death with ALS? What fields does it extract that is connected to the emotion and the direction of the strength of the field of the STM and the P, and the Inertia of the Totality of the fields of the physicality of the Man. Would it come the time, in the coming time, where Man will master the field strength of the emotion? Man will master the strength of the field of the, what we call, the life in any dominium and D. And if you understand this, we go back to what I've said many times, with one drop of water I create a fish in a tank. With one strength field of the emotion in the ?? devotion of understanding, I manifest Christ in front of you, as many of you has been feeling, touching, being aware of his presence, when you go in our system. That's all we do. And you can do it anytime, anyplace in the U. We go for a break, and we come back. But listen to this teaching many, many times

of today. And it opens, unravels many secrets, that the first time you don't understand. Then you understand where man has made a fool of himself as a vegan, vegetarian, and meat eater, (1:10). when in fact you could have enjoyed the existence of those he has eaten, by just being present with what they do not need. When an ?? object manifests itself, it means I'm giving for you to see. Why do you need to eat me, when I already given the field of my existence. Then you understand, does Man need to kill in the space to confirm his existence? We go for a break and we come back. If any of you have become wise to the knowledge, we answer you the questions of the Creation. Thank you very much Rick, if you like to take us to old fashion breaks, or new fashion, you can allow us the list of the products which is available for many of you, and you don't claim, because others disclaimed it by paying for it, as a donation for you to enjoy the beauty of Creation.

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Part II: Q&A

(1:27). K- Yes, we are back here. We are here ready to answer any questions you might have. Can you hear me? ...

(1:28). Q; ... We kindly ask you to advise us more about human's stress in plasma technology? We appreciate your guidance.

K- What do we mean by stress? That's something we have to understand. What is .. a stress? What is

the point what we call, human stress, .. or emotional stress or body? Which part of the stress you want to talk about? We have to understand how we create emotional stress, and what strength is it at. And how it affects the rest of the physicality. How come with Gans's, with application of the Plasma Technology, many of the stresses of physical or emotional are resolved? (1:30). Many of you, you call a stress as a pain, physical pain, you use the Gans and it goes. Why does it do that? Why do we see these kinds of things? Why do these changes? Psychological stress has a strength field. Depression has a strength field. Pain in your muscle tissue has strength field. We have to research in depth to find, to measure and to replace. Nowadays, our doctors look at, oh, you're short of vitamin B, you're short of vitamin that, and you're short of this mineral, you have this disease, that disease, this condition, that condition. Our scientists never looked at the dimension of the Creation in the body of the Man as a plasma, what fields it is short of, that we can promote. In the future, when you go to a doctor and you say, I have a depression, the doctors can measure the strength field of the energy which creates, which is needed to satisfy that lack of energy. The future science of the Man, understanding the structure of the Man is not matter state, but is a magnetic field plasma state, will change all these things. In the upcoming universities and educational centers, as they understand more and more about the process of Creation, Man will find another way to handle

this, Man will find easier way to handle most of the,

(1:32). what we call, diseases of today. We have lost our way. And we have added so much that the way is lost on the way. I was talking to somebody some time ago. They say, Chinese herbal medicine used to work and be effective. And today it's not as effective as it used to be. It's the same plant. What we did, we added chemicals and fertilizers, we added pollution to it. So it's the same thing, but it has more additives to it, that those additives take the energy from where it used to be. So, if we can produce the same herb, the same whatever it is, without the new additives, Chinese medicine, herbal medicine will have the same effects of a hundred years ago, 200 years ago. It is us who does not understand what they've done to us, to ourselves. It is us who haven't understood the process of Creation. When we are born, and let's say we are in a perfect condition, emotionally, and whatever, doctors will take a reading of all our emotions. And in 10 years time when you go to a doctor, he says, oh, this is the record of your depression, there was no depression and now it is. So we add up this energy to you to bring you to the balance what it used to be. The whole process of the understanding of the Creation of the body of the Man will change in the coming years. (1:34). When you bring someone to the doctors of the Keshe Foundation today, who have been trained in the old medicine of the present universities. The doctors of the medicine today they ask you, you get all these God knows what

this, this, this all, this is elevated, you have this. And doctors which is trained by the Keshe Foundation will ask you this, can you give me the composition of matters in your body? I don't want to see how the accident has happened. I want to see the cause of the accident. Because the understanding of the knowledge, is that you need to have these energy sources to create those effects. Today, when you go and see a cancer data from the doctors, oh, you get everything, the size of the red cells, the size of the white cells, the volume, the count and everything else. Excuse me, can you have a boiling water if you don't have a kettle, to boil it? And then, can you have a kettle if you don't have the steel to make that kettle? Can you have the steel, but if you don't have the electricity to heat it up, to heat the water, to have the boiling water to see what it does? (1:36). What the doctors tell you, they say, it's a boiling water. So we look how to get the energy from the boiling water. But what about that iron and that kettle which boiled it? Why can't you adjust the temperature there, that you don't get the boiling water, you get the right water, you don't burn. This is the different step in the knowledge, different understanding of the Creation. Today in the world of medicine they work with the boiling water and then it's burned. Now we do the skin, we do high blood pressure and the rest of it. Go and find, what do you would. You used copper instead of iron. You used zinc instead of copper. So you have created a different dilemma at the beginning or is too much of copper in alloy, which creates a

different ?? standard temperature, whatever you call it. So, in the present science, we are always fighting how to find the solution. But we never look at the cause of the problem. In all traditional medicine, they used to look at some of the causes due to the effect they see. I come from generation of the medicine men. Generation and generation of. So when I look at new science, and when I look at what my ancestors used to do, and I see what the hypocrisy, what has grown up to be the new world of medicine. Because it just makes money, but it doesn't do much. In 2008 when I went to Iran, I met my aunt, the sister of my father. (1:38). And she was in her late 80s, and she was telling me about my grandmother, my grandfather, what she heard about the grandfather, but what she saw with my grandmother. The family were men of medicine for centuries, for decades, for generations. As a young girl, she observed the mother, and she said, you know, when mom went to that room, I know there is a cure, the guy can be helped. If mom went in the other room, I said, he is going to die, because mom knew cannot do anything, he was just there to help. So they had a knowledge and they didn't have with the new ?? paracetamols. They only had the herbs, they only had what earth provided, and they understood the interaction. That a young girl of eight, nine years old, could observe what the mother does and what decision is made about the one who has come to ask for help. So our today's technology has gone haywire with more tablets, more false reports, more everything else to satisfy the pocket of some

people who just pay for it to be fooled. We have to look at the cause. Not at the, what we call, the accident at the end. When you don't have a brake, you don't have .. ?? damaged car. It doesn't matter how many times you repair the car, you haven't fixed the brake. And it's the same in emotion, it's the same with the stress. You have to find out what field strength causes that stress, and what has come in the dimension of emotion to become a stress.

(1:40). It's not any more iron or zinc, it's what emotion, others emotion interaction with the STP has created that has depressed you. And what is needed to create, to give, to bring it to balance? We are talking about the field. If I tell you, I love you, you get the feeling of everything. And if I tell you, I hate you, it's the same man, the same woman, that same voice, you feel ?? the others. So, we have to come to understand emotion has a field strength, and the word of the Man carries that emotion, that field strength. We have not even analyzed, men of science have not even come to understand this. What emotion, what energy comes from my STP through the words, that in interacting with you gives you the feeling of stress, or depression, or love. We have not understood anything about the world of the Creation, and we call ourselves the king of the animals. We are king, but animals. King, as I always said, stupidity of not understanding, but claiming to be. Can we go back and measure what I say, what field it creates, that leads to joy and happiness. So, we know this is the field strength of the ?? voice, which

created ?? that. Have you ever tested this? No, because we never understood.

(1:42). But not only in recording, finding out what has happens. What caused in the body of the Man to speak that word of ?? happiness. What interaction has been inside? It's again that kettle and the boiling water. This is what we need to understand. Otherwise, oh, I took some zinc water. It's very strange, 99% of the Knowledge Seekers have Zinc, CO2, Cu and CH3 (Gans's), and they want to solve everything with it. In the Periodic Table there is quite a few more than these things, a hundred more. What about them? Would Uranium field strength create happiness and energy, as the Gans of the lead creates depression and anxiety? Then we have to understand, we need new tools of knowledge, new understanding of the knowledge of Creation. But the way it's created, not the way we would like to think it is, because it fits our meager understanding that it fit for us to understand. Any other questions? R: Yes, Mr. Keshe, we have a hand up here from Peter. And he also had a question in the Q&A. (1:44). And it has to do... He has been in the Keshe Plasma Reactor Group in the last couple of weeks as well and showing his creations of amino acids (AA) and techniques for creating Gans's. And he uses higher voltages than we normally do, and this created a lot of quantity of Gans's. I'd like to have him talk directly rather than read his question, because I'm sure he can explain things better. So go ahead, Peter.

Q: .. I'm trying to create a MaGrav feeding device, or a Plasmatic feeding device. And the current state it's in a shape of a cup. I have used in it three different amino acids, because from what I understand, we can get from them and magnetical gravitational fields, at similar strength that we are getting from different foods we consume. I can also add the Gans's of the content of seawater, and that composite Gans of iron and deuterium on it. And I know from your teachings, and that we absorb 80% of energies from environment. And what we are trying to do with this 20% of energies, which we need to gather from the food and water. So, this device that I'm trying to create. So, I'm trying to create with this device, (1:46). the field strength of this missing 20% of energies that we need to gather from the outside, from the food and water. And I'm not sure how much of percentage of them, total gravitational and magnetical fields these devices produces. And if there's a need I can show pictures of this device, how I set it up all together. And my question, the question will be, how to create from those three different amino acids, if I put it on the device, and from this composite Gans's how to create billions and billions of combinations of fields strength, that

K- I understand. First of all, the production of Gans's, as Rick explained, as I understand it, with different voltages and high current does not make that much difference in the state of the Gans produced. Because the limitation is in separation.

every cell in our body will get what it needs from

the fields.

Once an atom separates as a Nano material into a singularity, or what we call a Gans, unless you can absorb more energy, and you can create the energies above its matter state Gans. Then it evolves. But again, to the matter level. (1:48) If you introduce a "Gans current," to the Gans, you will see they behave different. So, there are a lot of limitations. A lot of understanding. This is why, long time ago, I spoke about "Gans of Gans's." Creating Gans's out of the energy balance, not out of matter state balance. If the scientists of today, or Knowledge Seekers of today would understand this, then we can create a lot of new condition ??. Does not matter how much current you produce, the only thing you will change is very limited, because the rest of the energy you put in as a matter current, or voltage will not change much in the structure of the Gans, energy magnetic field balance. You affect the boundaries they create, but you won't affect the actual entity. Till those come into balance, you might see a Gans changed color from one thing to another. Because it's like a virus, they give energy somewhere else, till they deplete ?? to stand to the energy level where they are. Then to create a true multiplication of the Gans's and the fields of the body of the Man, the Knowledge Seekers you're about maybe three five years away. None of you have understood this, that to create a combination of the Gans's that the full body of the Man needs, (1:50), you have not come to understand the Totality of the truth about the Creation in the dimension of his created system. And, as always

said, I play along with you until you understand. The Knowledge Seekers who work around me, they understand this. I teach, I explain something, and if it's not understood at a point I let it go. Months later, years later, I come back to it. I say, do you remember this, we did this, now you understand the knowledge of it. As KS, if you carry on with what you're doing with the Gans's you've created, and you're trying to feed yourself, you'll still be short falling what this planet has done. And a few Knowledge Seekers, what I see, what I hear in the scientific world, and Knowledge Seekers, who are the layman, like many of you, you have not come to understand this. You make Gans's, but you still need to go and eat, because you have not managed to create a spectrum of the field energies of the body of the Man. In the body of the Man you need Gans of Uranium, you need the Gans of Plutonium, you need the Gans of gold, you need the Gans of H, you need Gans of every other element. And sometime the closest you can get to, not even near to, is the Gans of the sea water. But again, which water, from which sea? All the animals in the ocean are not the same, depending on the combination of the elements and condition.

(1:52). you get different fishes and animals in the ocean. But one thing you have to realize is that, do you see Man in the sea today? So, the sea does not provide all Man needs, otherwise Man would have been living in the ocean. Man lives out of the combination of the fields of the matter, liquid and the gas of this planet. When you manage to

understand this, then you understand you access to some of the knowledge that it needs to feed the Man. This is why we are different colors, and races and creeds. You don't find as our, what I call, knowledgeable politician said, the polar bears are eating all the other ones, penguins, and that's the problem of global warming. But he didn't understand was that the polar bears are in the North Pole and have a long way to swim in all the ice that melts that it can get to the South Pole to eat the penguins. That's why we don't have Mr. Al Gore as President of United States. He never came to understand the polar bears are in the North, and the penguins are in the South. And he was the head of "CO2 and global warming" of us, as human race. So understand, you need a combination of the fields of the air of this planet.

(1:54). The combination of the matter state of this planet, which comes in through the soil, through the matter states we absorb, through the animals we eat. And then we need to understand what liquids of this planet creates and gives us, because we drink it all the time. Doesn't matter how many times it's siphoned, cleaned, and pasteurized, and everything else. So for you to understand how to create a system to feed the Man is you have to bring everything together. If you have been somebody who worked with me years ago, when I used to build systems, you always got three bottles from me. One was for the air, one was for the water, and one was for eating, which is the body of the Man absorbing. So, when you try to get to this point, when you try to get to the point of creating

Gans's that you can feed, you can create misbalances in the body. And if you create it with a high energy doesn't mean that you get a higher level energies from your Gans's. You have to understand the whole proposition of life on this planet and everywhere else. We have a question mark now, we are planning to colonize Moon in the next two years, next five years, with cooperation of governments. We are planning not to take anything to the Moon, no greenhouses, no cows,

(1:56). no grain. But we have to be able to supply all the needs of the STM, that in manifestation in the D of physicality, that entity can survive the conditions on the Moon. Does not mean to wear a "monkey suit," a space suit. It means to manifest, have enough energies, conditions that you can move, you can survive, you can enjoy the condition. Colonization does not mean imprisonment of Man in greenhouses on the pressure and temperatures. When you go from England to Australia, you don't put yourself in a greenhouse, because you live in the condition of the environment. And this should be the same for the Man in the space. Otherwise, we have not changed in knowledge and technology. This is why we teach, we promote, we try to get you to understand about the energy package of the Man. We call it the STM and the STP of the Man. How does your "inner gravity," which we call the Soul, interacts with the gravity of the Moon, that in interaction with the presence of the field of the

Inertia creates being, that can survive on the Moon.

(1:58). Otherwise, we just changed a prison to another. Try to understand. The teaching from now on will be very extensive, if you understand it. If you do not understand it, as one of my sons said, papa, you just got over me, I don't understand it. I was with a group of people very recently, one said, this is whatever he talks it's nothing in the books, it's against everything, it's upside down. And the head of negotiations said, you know something, we are going to write the books, that people understand this, because this makes sense. Then because it's in the books in the university, you accepted because you read it. I looked and I said, this is the first time I've seen a wise man. He said, we can't accept it, because Newton and Einstein, blah, blah, blah. He said, now we open the universities and we write the books about this knowledge, because it makes sense. Then Man understands the work and develop the correct way. This is what the problem with a lot of our Knowledge Seekers. It is not a problem, we haven't been educated. The problem is the lack of education in the right way. We teach you all in the matter of state. And now we bring you to university and we want to teach you about the plasma. It doesn't work. But it doesn't work, it doesn't mean it's wrong. We haven't learned the two dimensions. Things look strange, we want to achieve things, and then it doesn't work. (2:00). Example of this was, we tested. This was one of the reasons I tested the food session last

month. And we brought you back to see how many of you, how you felt, what you had. Did you feel energy, did you lose weight, whatever? This was for us to test how good our system are set up. It wasn't about you, how you feel to eat. Actually, the whole of the trial of the food was for the Keshe Foundation scientists to understand what we were missing in the development of the technology. How come you could not be fed and not to eat continuously. And what was missing in our structure of development. In the upcoming systems, when we put, you've seen we put a system that you pay 1,000 Euro per year, you get all the food, what was missing. 70 odd percent or 30 odd percent had the saliva, so the system is correct to produce water. We are missing the others. And then what are we missing long term, that we don't cause other problems, lack of depletion of other things in our system and technology. You are happy to eat with the Creator. But we were happy to learn what we need to correct in our systems. And for that reason, we have added into the system, now testing going, for minerals, metal matter state. That if we can give you completion of the short what we call, minerals, that gives you a long term reduction in hunger.

(2:02). And this is what came out in research, in the new Dining with the Creator, the Creator of the system found out what needs to be completed more. You're all part of this development of technology. But I have to drag you in with different things, Dinning with the things, drug

addiction, world leaders to see what is the emotional part of the system we need to adjust. What we need in you not wanting to eat all the time, the same thing to deplete my system. All from the strawberries next time. It's addiction to strawberries. How can I set it up? I drag you in if you are alcoholic, or whatever for us to see how our system is, that when it comes to the final system, we understand all the problems. Meeting with the Soul of the world leaders was very important to see how we can affect the emotion in our system. That you feel happy, you are heard, you can bring the change, you see yourself equal as a world leader. And what would we change? When we do that survey at the end, is not for you to see what, it's for us to see where the system needs fixing. When you feel you're heard, you're satisfied. When you feel you're not heard, you behave somewhere to become a radical. And this is what we cannot afford. So I have to satisfy that system. Build a system that feels you're heard. When you're on the Moon in a colony, I don't get riots. I don't get, man on board, man is over the board. You come in for what you think. (2:04). But at the same time we'll let you do, we allow things to happen. But we're gathering knowledge in how to adjust our system. Since the creation of what we told you about, meeting with the Creator, you were very happy to came and whatever. For us was to monitor what the system is missing. If you don't understand it, I'll put it to you this way. You eat sugar for immediate energy, you eat vegetables for a short, you eat meat for a

long term energy, or grains who have protein equal to meat for long term - eight hours, 12 hours, 24 hours. But these carry different minerals, they carry different elements. In the table of the Dining with the Creator we monitored. Why some of you had to come back? Why do you feel hungry? So, why some of you had no difference? Long term those of you who felt better, you took more energy, in your physicality, loss some weight. Because the minerals are that meat. Which means, we need to bring in names of the heavier elements into the fields of the system. Then you will last energy at the higher level, 24 hours, 48 hours. And when you take energy that way, the body doesn't need it, it comes through the Soul, it comes through the dimension of what we call, energy fields. (2:06). So whatever you do around, walk around and work, is burning what is not needed as fat and you lose weight. So, you have to understand the process. And, in a way to perfect the system. The next structure for us, the next cycle of teaching for many of you is to construct. You go to the Moon, you want to stay there for two or three days, you want to feel the dimension of it. I can't take your bricks, sorry, and I can't take you concrete to build buildings. You want to have a tent that you open up you enjoy this side of the Moon and tomorrow the other. I have to build energy system which creates walls, partitions. These are what is to come. It is not something new. Read the patent, it was put up 17 - 18 years ago for you, now you come to it. Those walls you stay in has to create energies that they feeds you, it is what you need

without you killing. What happens if you see an alien on the Moon, oh, the first thing, I haven't eat, I better see how it tastes, I better eat it. Didn't Man do that in the craft, in the airplane a few years ago. Fell in the snow in the mountains and they started eating each other. Didn't happen in South America, when they got stuck on a mine, and got stacking, who's going to be eaten first? Is Man going to take this habit into the space. Or as a scientist developing this technology, we have to look after all of it. And by test or whatever.

(2:08). If I want to do a survey to understand this, go and find somebody who will bring thousands of people. It takes years. I announce I want to do addiction 100 - 200 of you come in. I get the data, I get the information what is wrong, what we have to increase. But we have to, and you're happy you got rid of your addiction to chocolate. So, it's a matter of exchanging. You give us the knowledge, we gives you the satisfaction. To become the Man of the space needs a lot of knowledge. The true Man of space, you are quite welcome. Mr. Musk puts a rocket on the backside of the thing and you are happy with it, you're going ... Any other questions?

Q: .. What I understood, I should look to make Gans's and amino acids of the different 4 types, like different meats, rice and milk, vegetables, fruits and others. To get this necessary field strength for our body. And to get this I need a spectrum of fields for the body.

K- That's what you need to do. But you have to understand how the body composition is. Go back

to 2014, when we had one of these Indian gurus came to the Keshe Foundation Center. And he was very holy because, at the moment, five or seven times he manage not to eat till 21 days. And I explained to him how he cheated. You don't need to make Gans's. If you understand it, you can take enough from the space to feed yourself. Just twist your lung in a different way, and see if you moved a little bit to the right, and put a pressure on your right shoulder and pulled your left leg up. I can taste banana.

(2:10). Now move your shoulder to the top of your neck, like a chicken, and lay your legs out, change the space of the lung, this tastes like chicken. So next time I want to taste chicken, I will stretch my legs and put my neck up, and that's it, I get the energy of the chicken. Because I've tasted it. So, with the breathing you can create that. And you can last a long time. But the biggest unfortunate thing is, there is no air on the Moon, you cannot chicken stretch yourself to have to eat. Because there is no air to breathe. So you have to find solution in the dimension of fields. And it's not just, I do vegetables, what about, you forgot about the energy of the emotion. Life is a very big pot of field, which you'll have to learn to satisfy all of it. Otherwise, you have lack of vitamin C and gives you this disease, or you have lack of calcium, half of your hip disappears. Try. It's good thing you started this way, but try to look in a broader spectrum. And try to understand the Totality of need of the Man's Soul, not the physicality of the Man, then you can feed the Man anywhere in the

Universe. You're still looking in how to feed the Man in the dimension of P. And this is what I keep on telling you, maybe you understand for the first time.

(2:12). Look for the D of the strength of the STM that it feeds the Man, and not D of vegetables, and carrots, and tomatoes and potatoes. STM does not know what a potato is. This is what I said, in one instance, if you understand, you can reach the Soul of the Creator. This is what you've got to understand. If you're still in dimension of feeding the Soul, or in the dimension of feeding P with all its pitfalls. Sea water, contaminated air, cabbage and tomatoes, and I make a Gans of it. Knowledge Seekers like you, you've got, that you've gone that far, you have to look over your shoulder, over a little bit further then you understand the process of the Creation. But this time try to understand the process of Creation of the STM, not the P of the Man. Because this P on the Moon cannot live, we'll bring back many carcasses. Then we are in the next level. This is the purpose of the teaching, this is the purpose of expanding the knowledge, but in small steps that slowly, slowly Knowledge Seekers in different levels, and scientists in the level will come to understand what we have to learn and where we have to go. Any other question?

(2:14). Q: .. Dear Mr. Keshe, there is a subtle world also here on Earth we call them elves and fairies, and similar. They seem not to consume matter, but live from light, maybe? Can we learn then from them how they do it, even eventually

scientifically? Thank you for adding new perspectives.

K- I thought fairies are little girls with the wings on the back when you go to a birthday party. And the other one is the boys, when they go out with it. The reality is, we can assume anything we like, and we can take any features we like. If you understand the knowledge, being a fairy or a Man should be the same. We haven't understood the knowledge. If you learn to love, and if you learn to receive the love, you're fed for life. But Man hasn't understood that. But that love, stands with the love of the Creator, not the love of the Man. Because the love of the Man is always tempting?? with something. This love is pure, and if you can tap into that, you fed yourself. And if you can tap into the gift of the Creator, the way it's given to you, you'll find out what do you need becomes the source of life for the others. A lot of you understood, ?? a lot of you will come to understand more of this ?? in a very short time.

Q: Good morning Mr. Keshe.

K- Hello Azarjan, are you still in Iran?

Q: No, I'm back.

K- They couldn't hold you, could they?

(2:16). Q: There's no reason to hold me. You know, when you talk about the traditional medicine and then how in the past, it worked, and it doesn't work. And you know, we're familiar with the Chinese medicine and Ayurvedic medicine, which is Indian. And it was interesting. When I went to Iran, something interesting happened. And I thought maybe if I share this, you know, it would ...

open something for people, you know, if they have any question. For me, it's very interesting, because Iran also have traditional medicine and I don't know how they get training on it. I went to ask, you know, how I can learn about that, because when I was going on the plane, I came to lift the over head luggage thing to close it, I kind of pulled something on my left side. So when I got home, I always had something falling on my left side hip, I did yoga, but then this one on the side, it just was so painful. It made me limp. So I told my dad, and then my dad says, go to this doctor, I took your mom there, and she's very good. I said, okay. So we went there, and the place, the office was crowded. So much with people, with tons of people, especially women. And the doctor was a woman and she's very, she has a ?? job, you know, a scarf, and she's follows the whole procedure. So I went there and I started talking to her, she said, what was interesting was, she asked the asked the application, your date of birth, your full name. (2:18). And she started asking questions that all the answer 10 years ago would be yes. But then (today) the answers all were no. And then she touched my shoulder and then I kind of screamed. She said, it's coming from here. So she gave me some stuff that we have in Iran, you know, in the herbal store and also some massage with cupping, which is different from New York, which Chinese do. And then it was interesting when I asked her all this stuff, no, she says, you must be up there. I said, what do you mean I must be up there? She said, you have passed, you're on a different level.

Which I understood because there are some people, even Ayatollahs in Iran, that they are studying Islam, but they're not part of the government, they have their own life and in they totally don't interfere with any of these things. But some of them. Actually I went to the grave of one of them in the shrine of the ?? .. and then that guy, he could appear in many places at one time. And then if (he) entered the room, and if the people were gossiping about someone he would leave. So, these people are also trained ... ?? But it dawned on me is this, when I look at people then I went to different people's home, relative friends and I went to North. What I realized, people are leaving in a very, I mean,

(2:20). I noticed like the Creator, the whole Creation is happening, is happening now. What these people are doing, because the information, they are creating information or the knowledge, we are swimming in it. But when I look at people, people say they, I'm sitting by an ocean, by the sea, and the birds are singing. But then I'm sitting next to them, and they're talking about what happened in the past, and they're pondering on it, and pondering on the future, that was going to happen. And then it's for both. Then I realized, at the moment, if I'm sitting by the sea, and the past is gone, future is not here. And this beautiful sea, and the birds are singing, I'm not noticing any of this. So the information of the Creator is there, but I'm not soaking it. Because I'm not present with where the Creator is. I'm out of the Creator boundaries. The border of the Creator is now, but most people

are swimming in their own. Like imagine if there's two pools, there's a pool of shit, and there's a pool of water, people swimming in a pool of shit. And they don't know why. Why do you do that when you can be in a pool of water, it's clear water, enjoy it. But you do have yourself in this. And they don't, they don't know it. And they constantly recycle the same thing over and over. Because when I noticed like I couldn't I wish I could write in your whiteboard Mr. Keshe. But then something came to me, like. So, when you, when suddenly something shifts in us, when we are present, the whole physiology of the body goes so low. Like, you know, you hear in a whole commotion, but your body is the breathing, everything becomes so subdued. And it's very, it's very, the breath is happening from the brain, goes to the heart, goes down to your belly and comes up. And then it's something else something bigger that shows up. And then I then I try to see how people react. And I realize, if people don't talk about these things, then they have nothing else to replace it. That's why they're in it. Because they don't see it. And what I did, I told my husband, let's make an appointment with her, I want to see what she says about you. So, I made an appointment for him. And I gave a date of birth and his name. And I put on a whatsup to see the doctor. Before I do that, he actually asked me a question about him. All the answer in the past because I know about him was yes, but now it was no. So two things was happening here. So, it means with the date, my date of birth and my name, certain thing is

inherent in me that I was born with. But perhaps with things we learn, especially knowledge of plasma knowledge of the Creation, and how we look at things in a different way, we change so no longer those aspect relate to us. So my question is, now, how can we make people to become that aspect of a world which is easy to live in, which is like, go to the clear water.

(2:24). Not to swim in a pool of shit that you don't know even you swim in it. And why you're swimming in it? And it didn't matter, really, if these people had money or no money, they all are doing the same thing in a different way. So, how can, how can we, I mean, there's nothing, I mean, I could, I didn't, I never said anything to them. I just was present for the conversation and present what they're saying. But I was just noticing all these things. So how can we... How is it possible... I mean, how can I change something to remove the veil from these people so they can see the reality and then their life would become very easy for them. Because when they say, I'm so stressed out. That I say, I'm stressed out, you're creating it, but they don't notice it. They don't notice that their words that comes out of the mouth, and the way they act, they all has the field that is creating the same thing over and over again. And they cannot get out of it until they notice this. And they have all these belief systems, that are regurgitating all this belief system constantly out and inside their head, constantly in and out. Like a spider web they're entangled in this web. And they are caught in it, and they're entangled in it and just

suffocating in it, but they don't didn't realize, it seems like it's an addiction of that entanglement in them that they want to have it.

(2:26). So, what is it that we can do?

K- What do you understand from it? Or what did you understood from it. That's, then you see what they can do, that you can't.

Q: But you know, I could, I could, you know, if I was them, like, I would put myself in their place, I could easily could say, if I do this, I could make life so easy for that person. If I was in that body, I knew what to do. But I'm not in that body. And I couldn't, I can't tell them what to do. Because they just, they're in it and they cannot see it. I mean, there's nothing I can do, we can change it. How can they change? All I could do is I give from my Soul, that's all I could do. But verbally there was not, nothing could do, because they would, if I try to say... There was only one person I found one girl, 25 years old, she was really in it and when I started, I mean, something happened that I had to be in her presence, and it just opened up and she got it, and she understood it. Because she was there and I could see it. But the rest of them it's just there's nothing.

K- There is something people understand, because I looked at these things a few times. How can the time and the place of birth, and whatever, and the position creates. And people can tell you, just give me your birth date and the time and place and the name, I can tell you whatever it is.

(2:28). I've seen many of these. In some ways, how many times, and how many people can do

this? How many times you've been inside with these people that they got it 100% right? The knowledge some people carry, because they feel. And the knowledge is, some people do things because they see. I talked to someone about something like this when you go to a place and they ask for your birthday to whatever. And the conclusion was, you know when you come in, they watch you, they are a good observer. And they see you how your shoulder is, how your arm is, how you walk. And they ask you the questions, but they've already predetermined. Okay, I see that, I put my head there, so they believe the rest of what I'll tell you. But sometimes the knowledge comes from the vision. Many of us, all of us, don't see exactly the same thing as the others. We see different dimensions of fields, we feel different dimensions of fields. Some of us due to the structure our brain and structure of our P, have an interaction different way with the fields. (2:30). This, some of us use it to our advantage, or sometimes we use it to help the others with it. We have to understand the knowledge, then when you go to person like this, ask you your birth date, your place, or whatever, and puts their hands somewhere, it doesn't become a mystery. You have to understand the wisdom, how. Can it be repeated? Or can we encourage these people to allow others to extend as they do? The knowledge, the vision, the spectrum, what do they do. And this is one of the reasons we keep and give the knowledge this way, that no one in space become magician. You don't need to go to somebody to

take your name, and they when they just watch you how you walk in and the rest, that no one becomes another prophet, or a specialist in something. We are all a specialist, because we attract a specific field that the others don't. So you have to understand the knowledge of the person. You have to watch how many times they get out of, how many times correct. And then ask them, how did you get it correct. Maybe sometimes it's just by coincidence. I used to have a very close friend in Manchester, very, very close friend of mine. And everybody said, (2:32). when he touches your pain point, he gets rid of your pain. And I was in a lot of pain one day, and we were together in the office. He said, Mehran, sit down, sit down, I take your pain away. They tell me you have a pain in your ankle. And he puts his hand on my ankle. And I never known so much pain in my life. I said, you know something, just don't touch me next time. How come he has a healing, or what they call, getting energy from others, but I got all the energies he got from the others back in me? So, we have to understand the knowledge and the emotion, and become good at it in the dimension of fields. Then we go to the people who are specialized in certain strengths. In a very near future you can buy an App from Keshe Foundation, in a matter of a short time. And on these Apps, you buy App for food, App for cancer, App for Alzheimer's, App for banana, whatever. You get a variation of the Apps and you tap on it and you go, you want a banana, you get the taste

of banana and everything else. This is the future of the food and wellness which is on the horizon. So, can we give you all the same taste of the same banana where your energy fields are slightly different than the other guy? It might be sour banana to you, sweet banana to the other one, but the whole structure is, what energy you take from it. Do we need to give a taste value to it, that gives you the right emotion? Or we just give you what banana is supposed to give to you as energy to you, without actually giving the feeling you have the banana.

(2:34). And this is where the science and technology of the Man has gone. And then this people where they get the knowledge is we are made of different composition. And we are all unique. We can all learn and we can all teach. But this going to someone's birthday, touching somewhere is individuality of what we call, developing and observing so many positions about the fields, about the time, and observing how many people fit into that picture.

Q: Mr. Keshe also what I noticed, like the traditional Iranian medicine and Indian medicine Ayurvedic, they both have a lot in common. Like they ask, they, when they see you they...

K- What do you mean they are in common, we're all the same, Iranian and Indian ??.

Q: I mean in terms of the treatment. For example, they create a body type. She told me my body's cold and dry, so I should eat wet and warm food. So, for example, lamb is warm, cow is cold, chicken from supermarket is cold, chicken from

the farm is warm. Like she said, you have to eat like a (Iranian food names) .. ?? haleem, .. with almonds. But then it was interesting when I started eating those, my body became more flexible and less rigid and the whole pain and everything is gone. So, Indian medicine is the same thing, they tell you have Vata, Pitta, Kapha, a body type. Certain things you should not eat, certain things you should eat.

(2:36). Then all the traditional medicines are all connected. How did they know about each other? K- Indian Persian, and Western medicine is more or less very similar, because we used to be one part of one thing and now we just created an imaginary name and we stick to what we like. But fundamentally the materials would give energy to you gravitate towards your condition, we call it, warm. The one you give energy out, we call it, cold in traditional medicine. In English, we say, I'm eating a cold food. They say, "oh no, I just warmed it up." No, cold in a way that it's taking energy from me. And this is part of the knowledge, what materials allows what fields to leave our body as an excess. And what materials gives us energy that we need from the environment, which they were grown in. This warm and cold what you talk about, if you change into gravitational (G) and magnetical (M), cold is what we call magnetical, warm is what we call, gravitational. We put a seed of a lesser strength, that the bigger strength of the environment feeds for what is short. That's what we do some of the time, most of the time.

(2:38). The food we eat is that little seed we put in as a. We do this in Gans technology. We put a lower (energy) patch on one side, and a higher (energy) patch on the other side, and you absorb energy, or get energy to come to the weaker side. This is part of the food process we do. When we eat a food, independently, we put a little seed inside, and that Gans condition of the fields we put inside, absorbs energy from outside to our source. That's why we take that 20%. The other 80% comes in the direction of what we put in (comes from the environment into the body). This is why we feel lack of energy when we don't eat, even physically. Because Man has not understood that the food we eat is that little Gans we put in, once it goes in our bodies, it's in Gans state. Now any energy outside, which is matching with that, will come towards, because it's trying to satisfy that energy inside, which is little (lower in field strength). And that becomes that 80%. In a way we fool the environment to feed us through that process. And we can create a condition through our brain. We tested that in the Enhancement Unit when a lot of you came in. We did some tests on you, what fruit would you like? Have as much bananas as you like. And the you come out and said, "oh, it was so nice, I had a banana. We felt good. I felt the energy." Yes, because we didn't psychologically put it in your head. You know to your body what banana, what taste, what shape you like. We put that seed in the emotion, the way you create the cancer in your body,

(2:40). so your body absorbs the energy of the banana from outside, which you put a seed inside of. We don't play magic, we understand and get a conformation by you telling us. What we did, what we put is correct. Because now you're in the EU, we have created all the energies you need in the basement on the tons of concrete, and you take it from our system, and it comes the banana you want. So, understand the technology that it does not become magic. Understand what the warmth means, what the cold means. When you have a cold it means the energy you take in, is more than what your environment needs, so you give to the environment. It reversal it, it's a composition transfer energy. When you .. (interrupted) Q: Mr. Keshe, it makes sense about magnetical and gravitational the way you describe it...

K- It doesn't make sense, it's the fact.

Q: I mean, the science behind it.

K- It is how it works. The food we eat is the seed for the energies we attract into our body. And because of the layering of the plasma as we call it, the skin, the muscle, the bone, and everything else, we create a condition of weaker to absorb. We've seen it. Life works on a magnetic field interaction of the fields, and nothing else. And this is why we get addicted, or we enjoy certain foods, because there's a balance what we give, what we take, we don't need.

(2:42). And why do we get fat? Why do we put weight on? We can eat as much as you like and don't put a gram on. You've see many, many people do. Chinese eat ten plates, and they're still

as good as a pencil. I eat one plate I put 2 kilos on. Because the emotional field strength within is not in balance. Then you block the energies to transfer out, and it absorbs. It has to find a place.

Q: But Mr. Keshe, if you go eat in Iran you don't gain weight, like when you are in USA.

K- You don't eat so many Chelab kebab as I do.

Q: Mr. Keshe, if you eat Chelab kebab you don't give it really, because I don't have any craving anymore. But anyway when I go there I eat, but then I eat more than usual. Because I hardly eat because I just don't feel hungry and I go all the way to 3 - 4 in the afternoon. But over there, because it's there and I just eat it, but you don't gain weight. It's just I don't know what's the reason for it...

K- You don't weight, because you're as good as a pencil anyway. It doesn't matter where ?? you. We put you in the ?? North Pole you will still be the same.

Q: .. Another thing, I noticed a lot of people come and take blood from their back. And after that they feel so good. And I came to my dad, I said, they do (Farsi word) on the back. And then my dad says, when he was a kid, this was routine in his household and he always went and hide someplace, and they never got him to do, draw blood from his back. But why taking blood from the back of people? And then the doctor said, if I want to learn it, they can teach me because I'm a doctor. I said, no problem. So, I went and I watched and I saw how they do it. But the

question, and then one person blood was coming out was literally darker,

(2:44). like it was toward black, the other one was lighter. And then the woman said, this one is just a lot of stuff in it, so it needs more cleansing. So why drawing blood from the back?

K- No, no, no, no, let's just get the science facts right. First of all, this tradition of taking blood with the leech, or cut, or whatever, has become a tradition. In a way that by taking blood the liver has to work and produce, or the body has to work to create new blood. And that brings what you call it, fresh energy. This is the reason this is done for centuries. In many cultures they do this. It's not that why they take it. Because is brought up psychologically to, that when you take blood, so your body needs to create fresh one. So you become more agile, you feel better, because it has to be replaced. That's the reason it's done. Secondly, why some is darker and some lighter? It depends which veins they cut. Are they cutting into the oxygenated system, as they call it, energized system going out, you get a bright color. If it is the cycle coming back, and it's already depleted, it's dark. So they can put anything in it ?? interpret it themselves. Scientifically, we understand this now. And then depending on the composition of the blood, we are all having the same blood. When that return blood you cut in, due to content of it, creates different color. If you have more zinc in it, it'll be different color, red if you have more iron in it a different color.

(2:46). So, the color with it ?? (doesn't) means you're sick or something wrong with it, it's got too much ??. People don't understand, and so they tell them and they believe it. Scientifically, we understand now, why they do it, and why the color is different. But it has no resources of it. It has no other reasons for it. It becomes part of culture. because, as you said, your father used to hide because, it does not need to be done. We get this with the cycle of menstruation of women. And because certain way the blood is lost, and in the certain way the womb prepares for the creation of next life, moves certain elements in the body as a fields, which we see with the women. During the menstruation they go through depression. Then we call it, energy packs, which come through as an emotion to become the life of the new child. We call it, I feel different. They get crazy, they have pain, or whatever. So we have to understand the process. That in the emotion of life, we see this a lot. Women who give birth, especially the first time they give birth, they don't have some, or most of the pains they had during the cycle of menstruation. Because there's always anxiety. Can I create? Would I create? Would it be a perfect child? And when you give life and you see the perfection in your child, those anxieties are gone, then they call it, the body doesn't create hormones. Hormones are part of the emotion in the dimension of the energy field of the body of the woman, for all of us.

(2:48). We have never understood this. We have never understood what it means to go through it.

Why do they say when a woman goes through menopause, ?? behaves this, becomes more or less ??. Because a woman is born, given life to give life. And now gets to the position that she cannot give life. What she was created for she's become incapable of. The anxiety, that I'm not there to see the continuation of the life of the generation bring this. And then you call it, a hormone. If doctors understand this, and talk to the women, that you have served the purpose to the best, you are a beautiful woman, you created the most beautiful children. And the woman understands, they go through nothing through the menopause. If then the chemical biological changes can be controlled. Then we understand more about the psychology of the Man which now we call it, hormones. In a way it's hormones if you translate it in the right way, it's exactly like viruses we have. But he have managed to give itself a manifestation of physicality attachment to protein. Protein in emotion, we call it, hormones. And in the outside body of the Man we call them, virus. But more or less they are about the same thing, because they don't carry that emotion. And now the viruses we come near to emotion we call them now the new Covid, suicidal, creating depression. (2:50). In the life of a woman we call it, oh, it's ?? is going through menopause. Why is some of the women go through suicidal condition, we call it, post-delivery birth, postnatal depression, because emotions cannot fit into the direction of the expectation of ?? life. We are not inside the brain of the Man. And a lot of postnatal depression can

be resolved by men, especially partners, being there to support the emotional turmoil of the life. The man is so busy getting ready for a new child to come, I work 10 times harder, this, this, whatever, and the woman sees herself alone. What am I going to do with this thing. ?? cries in one end, and then something else comes in other end, and it repeats itself, doesn't even smile. What did Muhammad, bless his name said? Arabs used to give birth on the ?? sun, and if it was girl they dug that hole and covered it, the child was still born, but it was a girl. Muhammad said, keep me for 40 days, you won't let me go. Because after 40 days is the first time you see emotion, smile of the child. And that emotion touches the STM. Then I play with your emotion, and the girl learns about 40 days old, how to play with the emotion of man for the rest of her life. And us men fall for it like a brick. We have to understand the science of Creation.

(2:52). not the visualization and manifestation of physicality of the emotion. Then, we become much, much wiser in the process of Creation. You explain to a woman who goes through menopause the full process of why emotion, what emotion, the perfection of life she has created in her children. And I'm there to be, you will see not much problem. Physical changes will come in, because it's set up. And men don't understand this, and society doesn't understand. And then part of the emotion, the way you create the cancer because of the ?? harm of your son as a prostate, now manifests itself in hormonal change, we can't

explain. And these are where the right Gans's of protein are produced, which can interact with the emotional brain of the man, from lack of, "I can't produce anymore." We don't understand it, we never understood, we never connected. And some of those who understood it, they became the "wise men." But now you're all wise, you understand the process, you understand the process of interaction of the fields. We cannot just take the Gans's, which made for physical body, you have to look at the fields which interact with these and create what they create, mass and weight. The mass is that Gans there, and the weight is the reaction of it when it comes out in its environment with the interaction of the emotion. Then we become wise people of the generation.

K- Mr. Keshe, but you know,

(2:54). I just have one thing... The way I look at it, I've made it logical, because we have a DNA. And in the DNA, where did the DNA come from? From my parents. And then the DNA of parents comes back to the older generation. So with that DNA, when anybody is born with the older ancestors are part of that DNA, it's inherent. There's certain things, certain things say, emotion. Like, say, fear, or jealousy or anxiety. It comes because when I was younger, when I remember at the age of 12 and 13, since then, especially Thursday afternoon, or sometimes this huge sadness will take over me. And there was no reason for that sadness, I didn't know where it was coming from, but it would come over me. So, when I went to the Amazon in Peru through one of the ceremony, the shaman

next day told me, you bought the sadness from thousand years ago, and now it's gone. So, when I look at my father or my grandfather as a picture, I see the sadness in them, then I realize. And then, I was reading this guy, his name was Anthony de Mello. He was a Jesuit priest, it means he was Christian but not bound to the church. And then there was another Tibetan guy, he was talking about the same thing, because he had anxiety. What it says it says, when those emotions comes, inherent emotions come, whatever it could be jealousy, it could be fear, it could be sadness, don't fight them, just observe them. Because just like, if you want to fight them, you make them stronger. (2:56). As long as you observe them, in time they will dissolve. It just like when they tell the priest, don't have sex, they try to fight it, when you fight it, you can actually go abuse the children because you're fighting it. But when you don't fight it, it goes away. So, everybody was born with some inherent thing that is in our DNA, it's not in our control, but then realizing it and acknowledging it, you just, you become acquainted, because... K-That's the beauty of Creation. Otherwise, we all have been on the bottle production system. ?? You go to a factory, every bottle is exactly the same. And the one that has got a slight fraud, they take it out of production line. So, the beauty of Creation is the diversity, the interaction of the fields, and attraction of the field with each other. That's the best gift from the Creator. Otherwise, we would be one mass production. What did (Henry) Ford say,

"you can have any color as long as it's black." Yes? And we are not in that position, we have...

Q: The Creator wants us to know ourselves. So acknowledge our self as we are, and not to become somebody else.

K- You know Azarjan, you speak about Chelab kebab, and I've said that many times. And I have a soft spot when it comes to it. And if people realize it, they try to use it to their own benefit. When I went to Iran I hit part of what is now, the Ramadan, fasting time. And we were kept in a secure houses and all the things, which goes with, what we call, the works we do as nuclear physicists. And we hit Ramadan. And these people knew, in the office of ?? (Iranian leader). (2:58). And my food always came from the kitchen of the president because of the security reasons. It came with all the razzmatazz we see. And they came to Ramadan. They knew I loved turkey. I had a kebab for lunch one day, beginning of Ramadan. I had a kebab for dinner. I said, this is strange, because we used to get different foods from presidential kitchen. And then the next day or so one thing and then it was again Chelab kebab. I said to my protection officers and the people who look after me. They were opposite apartment to me and they ?? adjacent to me. I said, what's going on? They come and set your table. They treat you befit a scientist in Iran, it's not what we see in Europe. Everyday you come for breakfast is set for you in your apartment, and they set you lunch and dinner and everything else. I said to the gentleman responsible for the food which had apartment

across from me, which had a ?? protection officers. I said, how come I'm getting so much Chelab kebab? He said, Mr. Keshe, there is a problem. I said, what is the problem? He said, we know you love Chelab kebab. I said, yes. He said, come and I'll show you in the freezer. I said, what do you mean? He opened the door of freezer. He said, I have here Chelab kebab for 30 days, because the kitchen and presidential office is closed. And they know you. I just need to warm the kebab for you and the rice, and that's all I can do. I saw the head of the office. I said. I'm not eating Chelab kebab three times a day. They went and they discussed it, they came back and they said, okay, from now on there are specific restaurants we keep open to take you for lunch, and we know Ramadan was summertime was very late

(3:00). We arrange special restaurants for you to go ??. So I could get a variety of food. And I sat and thought, oh shoot, they have even studied the psychology my food. They have even studied as a scientist, what pleases me and what keeps me happy, that they can create that condition of comfort. It gives me a lot of pleasure in knowing how much a government goes to extend to make sure the people who give their life for the nation are looked after in the correct way that they can do their work. If the guy wouldn't take me to show me the freezer, I would have not known how much in depth they've gone to, what you call, to cover, that there is no, but they've miscalculated too much. It's the emotion which brings us that

pleasure, it's the emotion which brings us dependency on repetition and addiction to that pleasure.

Q: Mr. Keshe when I was there Ramadan started on the third of the new year, so one day at 2:30 I wanted a Chelab kebab. I called a kebab around the corner. They didn't serve it, so I called Dr. Bararpour and Dr. Bararpour sent it to me. K- I know, I know. We get treated in a different way in Iran as scientists. And the way they actually there was one kebab, (3:02). we opened certain days just to serve Chelab kebab, which was against the law. You know, they use get punished for opening restaurant during the Ramadan lunchtime. They used to have already food enough for five people, which was usually me with the Caboodle, which we travel with for security reasons. And the five used to sit and watch for one person to eat, and I thought, the smell of this must be killing you lot. He said, Mr. Keshe the pleasure you enjoy is more than the food we can eat. And this is what we see. I love to work in Iran. They respect scientists in a different way than in the West. They kill us and they shoot us, there they respect us and create every condition. That's why we could achieve so much in Iran so fast. Anyway. Shall we call it the day? Q: .. Can you elaborate on what happens to fields and rays going through the center of the vortex and how that links to what one would call intention? And how intention can transmute and direct these fields and rays?

K- Sorry about that, what vortex are we talking about?

(3:04). R: .. I guess that in some in some schools of thoughts everything, the energies or the plasmas have a vortex or a squeezing point, you could say. Or sometimes people might say, the zero point, ?? the center.

K- Yeah, where you can get an exit of the fields, as you call that, the vortex. Something has to happen. If it's not a matter, it's an energy. You're squeezing matter together when you create a vortex. We are creating a circular motion, which leads to absorption and release of energy in compacting. If you do it in a bathtub and you take the what you call it, the plug out, you see the energy forces they ?? materialize. If you're in a closed environment the energy has to be released in one direction and absorbed in another. So, what you expect and what you want to do. We do that a lot in space technology. We create vortexes, especially in defense technology. The knowledge in that D is. In the matter state we call it, laser, mono-energetic.

(3:06). In a plasma condition if you create it, it's a plasma field. This is one of the ways you can project high speed plasma and elevate its strength to go up. In the future teaching we'll teach this more. But it's compression to reach zero point energy, or to the hydrogen energy, we call it. And usually the fields strength of the matter is very much different than the field strength of the plasma. If you create... It's a very in-depth knowledge, and it is part of what you like to call, a

"worm hole." This energy distribution has to be looked at two ways. One is matter state compression, and one is the field state compression. When you interact in the right direction, in the right position, you can play with it in a very beautiful way. In accelerating plasma to reach a higher order, this technology what we call, vortex, it's one of the ways, one of the best ways to create elevation in the strength. In the matter state when you can do that, you see the increase in the speed.

(3:08). I've done a lot of work on this compression vortexes of the fields on the plasma in the matter state. And it has a huge application. Sorry about that, I have to answer this question (call). Sorry about that. Anyway, to understand that vortex is zero, there is no zero. It is finding the conversion point. At the bottom of every vortex there is a conversion point. And you have to understand what does it convert to. Because if it doesn't do, if energy doesn't convert to take another dimension or direction, or strength, it explodes. It becomes like blowing up a balloon and compressing it. (3:10). It needs a lot of knowledge, it needs a lot of understanding. Plasma vortex technology it's, or matter vortex, we know a lot about it, because we create it. Even in the matter state vortex, if you understand field distribution, compression of the magnetic field of the elements of, it's a totally different game ball. And then, if you do the same vortex in different conditions of the plasma fields it's a different story altogether. Knowledge Seekers have not understood the principle of the matter and

plasma and their interaction and collaboration in what you call, for release of it. One of the biggest vortexes, which happens on our life continuously is on our skin. Our skin, that's why you have these holes where the hair grows. These are where the energies which we absorbed from the environment, as part of that 80% are fed into. Those are the hole gaps, these are where it comes in. This is why we have antennas to what vortexes we absorb, as hair. Our hair is a Nano material, and it has a specific field strength. The color of it, the root of it. Why do we change color of hair by age to white? If Man learns to release the right strength field by emotion, (3:12). Man will never change color. And through our skin, if you look at your skin it's not flat, it's hexagonal. It's like a football, plastic football, if you used to play with leather football. They sew them together, and there's a point of junction when they come together. Our skin is those junctions and that's where the hair is. It doesn't matter, even if you don't have a hair on your body, the finding ?? fine, which is inside, creates that attraction. And in that point, the root of the hair, these vortexes is energy difference transportation. That's where most of your 80% energy from the environment is directed to. Vortexes technology, if you understood to the position of the Creation is a way of ?? feeding, it's a way of understanding. That's why you have different hair, different shape, different strength, and different ages of different hair, and

some have no hair. It doesn't mean anything else,

but the body has this fine tuning of the vortex

conversion. If one day our scientists develop the technology to watch the fields, you'll see how we're absorbing energy through these holes at the point of the hexagonal, or whatever shape you have on your skin. Those gaps are where they ?? like, you know, you create a slope in a tent to get rid of the water when it rains on it. That hole is where the energy comes in. Man has never understood the process of the energy absorption from the environment. And ?? vortexes is one of the most fundamental ways that we transfer energy in and past the skin,

(3:14). which is supposed to be perfect no water. But at those points it's perfect for energy to transfer directly into the center of the body under the skin. We call it, the root of the hair. It's like you put an antenna up and you say, this is what I want to absorb. And then it just goes right across the body of the man. If you understand this, then you understand why it's only in ?? places, such places, we have no hair. Even if you follow the condition of the growth of the hair, you find the behavior of the Man. Because certain absorption of certain fields, creates certain emotions, because this is where 80% of our energy comes from. The science of when you go, it doesn't go to zero, it goes to point of conversion. How much of it convert and how much it comes back. In a way, if you don't have a hair you cannot... I will put it this way, you're not totally hairless, it doesn't matter what you do with it. You release that antenna, what comes in. It is like a fountain blowing up. The way people's hair is, the way the color of their hair, the

way they change their color of their hair and emotion with it hasn't been understood or studied yet. Why some girls like blonde to be, and some girls like to be black, the black likes to be blonde and the blonde like to have a dark hair. The one who have a lighter skin go and get a suntan to be brown. And the one who's got a brown skin tries every kind of bleach to be white.

(3:16). Psychological depletion of the emotion. And this has a lot to do with what we absorb from our environment. And they tell us, the food we eat is the person we become. Because as I said, you put that little seed and then this is the energy you absorb. What you absorb interacts with the environment which you are in, to absorb it from. When you see a beautiful woman or a very handsome man, this holes needs a lot of attention. They beauty they absorb the energy they get. It's not that they're so beautiful. You have to see what the Soul is set, they absorb, and what is the destiny of this destination of the Soul in its departure. Why does it need so much? It doesn't matter what color you are, you're still beautiful as a black, white, brown, yellow, whatever. And this is the beauty of the Creation on this planet.

Q: You said the person is beautiful they want attention. It means the Soul decided to become beautiful, because it needs to have attention in this lifetime?

K- Yes, yes 100%. Our beauty is... You see, what we don't understand psychological is psychology, or absorption of the fields, is set. You know you make a, you make a pot, this pot goes into the

market, or you make a pot for the house of a king. You understand? So it's the same. The Soul when it's made, knows its point of destination. And what needs to be,

(3:18). and what it needs to absorb to reach that point of destination. When you see a normal person it's not a normal person. It could be to you a new normal, but to the eyes of somebody she's the most beautiful, he's the most handsome man. But when you see a beautiful woman or man, a handsome man walking down, or even a cat or a dog, which are beautiful, it takes attention, it takes energy. And that energy is absorbed, that energy comes to. And this is why you see beautiful and handsome people some of them become very arrogant, because they receive so much. Their emotion cannot even handle what they receive. They're not ... ?? aware of that, fully aware of it. But you have to see what that Soul is destined for and where. He could be a very weak strength Soul, as he has a long way to travel across. Or he is going to become a shining Soul, and be very near to his point of destination. We are the nursery of the Universe. And how we plant, how we?? develop that seed, that where it grows to create a life and continuation of existence, is the job of the STM.

Q: But people who look at somebody as beautiful and they go do surgery to make themselves like that, what is that?

K- You can change a lot of things, but the Soul doesn't go that way. "Bo tucks" doesn't always come and make you beautiful does it? You have to

understand the process of Creation. Otherwise, everything is ?? . Thank you very much for today. (3:20). Let's see where and how we come to share more knowledge. Join us on the 28th for the addiction. And we would like Knowledge Seekers to, if you cannot do, or if you like to, to support for those who we have a special reason, for a specific races, colors and creeds of the Man to be part of the 25 and 200. And we need to do that as part of our work to be able to do. If you're disabled or you can't leave your work, ?? but you have the wealth to support someone from Africa, someone from Asia or whatever, to be part of this process. We need it, and we'll explain in the coming time. It's a collective work, and with it we have a collective job to do. And don't turn up on 28th just because you're an addict. Turn up to see what your Soul is addicted to and where is its destiny. Thank you very much for today.

And I hope we shared more knowledge to enlighten you about what is to come. Thank you very much Rick. And we see you next time.

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