

Science & Living on energy with M. Keshe (Living on Light) - The Scientific Explanation

Mr Keshe & Living on Light

M. Keshe & Vivre de Lumière

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Host

Hi and welcome Freedom Generation. So we are very happy today to welcome Mr Keshe, who will be sharing with us first of all, scientific explanation on how to live on light, among many other subjects that he is able to share thanks to his great knowledge and things that can actually change, transform the world. So first of all, let's let us M.T. Keshe, introduce himself to our audience to us today.

M.T. Keshe

Good evening. Good afternoon, or good morning, wherever you are. My name is Mehran Keshe. I was born in Iran and I am graduated from Queen Mary College, University of London, as a Nuclear Engineer. The life of a scientist begins from the point when you start asking questions.

Host

Okay, so can you say that again, there was a little...

M.T. Keshe

I said the life of a scientist starts when he starts asking questions about what is not acceptable to him. And from early childhood, the explanation of gravity and energy was not acceptable to me, the way it was explained. So over 40 years, I set out to discover how gravity is created. And in that sense, by understanding it, we build systems which replicates the working of a planetary system. We developed a technology which can replicate the working of the planet. So what has been the mystery in the world of science has been that every entity, be it the sun, be it earth, be it the moon, be the proton, electron, the universe, the galaxy, has two properties. It has two properties. One is gravity and the other is what we call magnetical. Or the atmosphere.

Host

Magnetical you said?

M.T. Keshe

Yes, the magnetical. Magnetical is what we call atmosphere. And gravity is what we call the gravitational field forces. If it's too hard to understand is when you have a magnet you have similar poles rejecting each other, and the similar poles are attracting each other. So what the two dissimilar attract is called gravitation they gravitate towards each other. The two dissimilar poles which get attracted to each other, the other name for it is they gravitate, so that's gravity. And the similar poles which they repulse each other, their fields which go out to keep them separate, that's creates the atmosphere around the magnet. But in reality in the world, we don't have flat rectangular magnets. The magnets are in this spherical shape like Earth, so the fields which leave the north part or the exit, have to enter through the entry part of what you call the South Pole. So this has been a question where is the separation between North and South in like the earth in the magnetic field, in fact, there is no separation. In the world of physics, and what we see in the planetary system, the magnetic fields come out of the exit point, or what we call the North Pole. And, at the same time, the gravitational field in the center of the planet pull these fields back to itself, so the same fields as get pulled back towards the planet they entered the planet through the South Pole. So the same field as it goes through the planet, absorbs or attracts some of the fields which are available and it's a strength in the center of the planet. And so it exits from the north pole with higher strength. And so it goes back again through the same process and enters through the south pole. So, as we don't see rectangular magnets anywhere in the

universe, so these magnetic fields as they are dynamic, and free in this space, they create a spherical shape for all these objects. These spherical shapes are created due to central gravitational field and the field forces are both magnetical which is atmospheric and gravitation. So that's why earth the sun, the protons, electrons are all in a spherical shape. So once you understand that the gravity and atmospheric or what they call magnetical field are of the same origin, then it's easy to understand the rest of the work of the Universe. Then you understand that, for example, the distance between the Earth and the Sun is dictated by four forces, the gravitational and magnetical field of the sun, and the gravitational and magnetical field of the Earth. And to understand that, where the four fields balance each other out, is the position where the earth sits in respect to the Sun. Now change the name to proton and electron, Sun and the Earth, Galaxy in respect to another galaxy, oxygen and hydrogen and nitrogen - is all the same. So when you understand this, you will understand that magnetic and gravitational fields are made from the same sources. That is the interaction of two similar poles of the plasma or two dissimilar poles of the plasma. And now we have build systems which can replicate the situation and confirm the correctness.

M.T. Keshe

So in reality, now we understand how gravity and magnetic fields are created. And as we replicate it, we see there is no need for jetliners. Or rocket propulsion or wings to fly. We don't see any wings on the earth we don't see any jet or rockets or propulsion rockets on Earth. Body has been rotating and maintaining this position for millions of years. So we as I always say we copied the birds, we made the airplane. Now we're copying the universe and we're making systems which were no fuel and maintain and create both gravity and magnetic field at the same time. And now in the Keshe Foundation Center, we have enough of these reactors to duplicate and replicate the working of the earth, the sun, or atom and electron, proton or atoms as molecules. Therefore, now we can translate the same working into the body of a man or in material or in energy systems or space technology. So now we can explain how life has started on this planet. We have systems which can show it how the first proteins were generated that led to the life as we know it the life of man and other animals and plants. So everything comes back to one thing that how much gravitational magnetic field you absorbed, or how much gravitational magnetic field you give that the other entities can absorb. And this is the essence, the whole principle of creation in the universe. We will look at the energy as both Magnetical and Gravitational so you both give and take and what is the balance is what is left behind to the entity which is needing. This brings us back as your program is about living in the light. For

the first time, we can scientifically explain how people live without consumption of physical food. So we understand the process of creation. And in this process, we understand the working of every part of human being. This in fact changes a lot of assumptions and points which has been considered to be true in the world of biology. One of these concepts is that for example, it's been said that man breathes oxygen, and oxygen goes through the blood. And this oxygen in the blood that brightens the color of the blood and we say that the blood is oxygenated and world of science has made a lot of systems to show the correctness of their own mistake. In fact, no, no single item ever crosses the lung into the blood as matter. What happens is that 65% of the air we breathe is nitrogen 15 to 16% oxygen, and the balance is carbon and the rest. In fact, if you will think scientifically and logically, oxygen is made of eight electrons, eight protons and eight neutrons. So is a comparison is as it's like a size of a football. And if you look at the hydrogen which is in the air, is the size of pinhole. Even nitrogen which is 70% 65% of what the air we breathe, is smaller size football because nitrogen is only 14 and oxygen is 16. And then the carbon which we breathe in even smaller than nitrogen, which is a smaller ball. In fact, what they tell us and we have accepted is like when the man said the earth was the center of the universe. In fact, if oxygen which has the biggest football can go through the lung the walls of the lung, then the hydrogen nitrogen and carbon should be able to go through too.

M.T. Keshe

the oxygenation of or the brightness of the blood has nothing to do with oxygen crossing the wall of the lung into the bloodstream. What happens is that the nitrogen we breathe in, in the channels of the lung through the change of the vacuum condition and the pressures, releases helium. And this helium if added to some other nitrogens in the blood in the channels of the lung, become oxygen. And the Nitrogen which is lost, the helium becomes a carbon. This helium itself in the channels of lung releases extreme ultraviolet, which ionizes or changes the hydrogen into releasing energy from its electron. Therefore, this energy of the ionization or motion of the electron from the hydrogen atom is the energy which crosses the wall of the lung and enters the bloodstream. And this energy is equal to what the cells in the blood can absorb and charge up. This is exactly the same process as you have an adapter in the house for the light. As you turn the adapter, you get a brighter light. As you put more energy into the light, you get a brighter light in the room. So it's the same process. So the brightness of the blood when it comes out of the lung is not that they absorb oxygen is that it has received energy equal to energy of the electrons of the hydrogen, when ionization process that it charges up the blood cells across the wall of the lung, in the blood cell in the blood stream. So in fact, what

happens in this process, the lung itself converts the matter of nitrogen into a plasma of nitrogen. And this process is not done at a matter level, but on the plasma level. So what happens is that the nitrogen which is lost energy of a helium, which is two protons, two neutrons, and two electrons become a carbon. This carbon with oxygen creates the CO₂ and that is why we breathe out CO₂ when we breathe, oxygen, the air in and some of the hydrogen which is left in the lung, in the process, links up with some of the oxygen which is created at the same time and creates water or what is the moisture of the lung. So in fact, no water from the body is absorbed to moisturize the lung layers and keep them separate from each other. The moisture in the lung is generated through the breathing process of the lung itself. So what happens now, if you look at the people who get sick or frail, the breathing system changes due to their illness. You see that sometimes in these cases, the lung is flooded with liquid. And sometimes doctors in the hospital withdraw half liter two liter or three liters of water from the lung. The water in the lung does not come from the body because if it would have come that kind of amount of water from the body, the kidneys would have failed and all the digestion system and the processing in the body would have failed because it's a large amount of water to extract from the body. So for the first time we can explain and see how the liquid water or liquid in the lung is created through the working of the lung itself and not from the the main operation of the body itself. So what happened when you become weak and frail, the lung function become slower and changes slightly. This leads to creation of moisture in the lung.

M.T. Keshe

So the people who go on this what you call living in the light or using not eating and just living without eating and drinking. They managed to do the same thing as the ill person but they control the time the duration and the position they want to create this moisture in their lung. So by slowing down the breathing or changing the process of breathing in their body, they allow their lungs to produce enough water moisture that the body can absorb out of the lung. So they produce water what they need through their breathing in their lungs that is dispersed into the body. For the first time scientifically we understand how people can live without water in respect to the food that they don't eat any food. In fact, the whole energy of the sun, that is gravitational magnetic field, as it leaves the sun and comes in interaction with the upper surface of the Earth gravitational magnetic field, it has the strength which leads to production of nitrogen in a plasma state. And then this nitrogen through the processes become matter unfolds, rains down on earth, through rains and all other processes. This is why we see whenever if there is a rain in environments where it is rain there's a good

agriculture because the rain brings the nitrogen which is on upper atmosphere down with itself into the ground and it becomes food for the plant. So if our planet was in different position in respect to sun, that the interaction of gravitational magnetic field of the Earth and the Sun would not lead to production of nitrogen on the upper level, there would have been no life the way we know on this planet. So the same process as it happens in the lung of the man with converting the nitrogen to a carbon and oxygen by release of the helium, the same process happens in the atmosphere of the Earth. That's why we see carbon, oxygen and hydrogen in the atmosphere of the Earth. So the condition of the atmosphere of the Earth leads to production of amino acids. So what happens in the Earth's atmosphere, when these gases come in touch with water which is created itself out of the process of the conversion the same as the lung, then this water being in touch with the salts, the matter part of the Earth, is the condition where the nitrogen, oxygen .. The salt, which is on earth, different salts, leads and is the beginning in conjunction with water and the gases in the air to the production of protein and beginning of life on this planet. So what we do, we understand for the first time that life was not brought from outer space in this planet but is created out of its own condition. And in the process of this protein floating in the water or being in the water, which is got content, salt and some iron, it creates the condition of the blood for what we know as blood and its red color. So if we have protein mixed with different metals led to the production of meat, and other proteins which are brought and connected in to different materials, lead production of vegetables, vegetation. Now, you eat the meat or vegetation which was the energy from the sun,

M.T. Keshe

and in the acids of your stomach, you revert back the same matters which was as vegetation or meat back to the energies which they were they came to the planet themselves down from the atmosphere. So as the same as the wall of the lung that no oxygen ever cross the wall of the lung to the blood. No matter ever crosses the intestine. Is the energy of the matter which crosses the wall and adds its energy to the lymph system. In the blood system, the energy brighten the color of the blood in the lymph, it makes blood at the lymph system, this transparent because it's so much energy in it. So the lymph are the feeding cycle of the body and the blood is the cleaning system of the body. So the people who go on this living off the light. In the same process as they produce liquid water in their lung, they convert part of the energy of the nitrogen because of the liquid in the blood through the same process into energy which can be fed into the lymph. So the man who breathes, changes his breathing and creates the right amount of liquid will convert the right amount of energy to go to the lymph as much as the water is needed for the body. And that's how

these people they call themselves they live with the light. In fact, they convert or they bring the body the lung to become the energy supplier both for the blood and for the lymph. This is the reason that's why as the producing of liquid these people have no problem with their sticking of the intestine together because the same the same bank of frequencies released for the intestine by the lung, so everything is controlled through the breathing process in the lung for both food and all the other needs of the body. So in fact they don't create any urine or any what you call it feces that the body needs to reject. You just produce enough that it keeps the functioning of the kidneys and everything else to be done. You might ask so where do they get all the vitamins and the minerals they need then? This goes back to the principle that you have what is called parathyroid glands. There are four of them which is supposed to be around the thyroid gland. And one of these glands is responsible for packaging that is if the package of the plasma from the lymph is going to be the energy of the copper, the energy of the calcium or energy of magnesium. So these glands decide what the body needs at what point and they allow the conversion of it. This is normal for the people who eat food as well. All of us don't eat balanced food with all the vitamins and minerals. So these parathyroid glands always done this. Now they do it with more efficiency because they only receive one level of energy. And then in conjunction with thymus gland, they decide how solid or what liquid this material which the parathyroid gland decided, will become. It's become part of the tissue or heart tissue, of the muscle of the heart, or it becomes part of the tissue of for example the brain? So anyone who can learn the breathing technique in respect to his or her own body can live off the light. So in fact, we don't live off the light, we live off the nitrogen, which came originally as magnetic gravitational field plasma from the sun. And in its interaction with the earth gravitational magnetic field, become the package of the plasma for nitrogen. So there is no mystery in the people who say they're living off the light - they're living off the nitrogen. And we understand the full process scientifically now. So anyone can live a life by just breathing off the air from the atmosphere, if they know how to change and convert the breathing rate and the position and cavity condition of their lungs. So the mystery of the living off light or living in light is over.

M. T. Keshe

In fact, if you want to understand it more, the people who want to move to live without so many weeks or months without the food, measure their breathing rates before they start, photograph their posture and the way they stand or they sit and then the words in the time when they go in there what they call it living in the light. Then you will see they can only do it by reducing the speed of the

breathing. And by positioning themselves in certain position that the nitrogen can lead to just enough liquid that the body needs and just enough energy conversion of the hydrogen that it can be fed into the lymph.

Host

So when you when you transform your when you change the rhythm of your breath. Do you have to do all the process consciously in order to be able to live on light? Or can you do it without knowing all the effects on your body and still be able to live from light?

M.T. Keshe

We all of us live partially through this process. We partially receive part of our energy through our breathing, not through our digestion. Some of us when decide to we call it living off the light or living in the light have learned how to trigger the point or the process. And some people do it naturally because their body has come to condition that they can do this themselves. This in some cases, especially if you look at the young generation of women in Greece. It's become fashionable with them to smoke to stay slim. Some people when they stop smoking they start putting weight on. So in these people, the lung condition has changed in absorbing and converting the energy of the nitrogen into the body. So surplus energy, which is rejected when you read when you smoke has changed the condition now that you don't smoke to absorb and convert this energy and then it feeds the body. In fact they're becoming fat after they stop smoking is due to conversion of the nitrogen into energy into the lymph. This energy was the energy which was used to get rid of or try to digest part of the nicotine. Now it's fed to the body direct, and then It shows itself as energy. Then it's food on top of it so this gets stored as well. So one uses in one way to use energy like the girls in Greece, or somebody in some cases, that energy becomes the fat. So sometimes we can choose and sometimes body chooses itself. Therefore you can even stay alive for months and years in the desert where there is no food if you know how to control your lungs, absorption of the oxygen or air. In this condition you have to create the condition that the body creates more moisture in the lungs and compensates for what you do as in the eating.

Host

So thank you, M.T. Keshe for this sharing on the scientific part of how it is possible to live from light. Thank you for this testimony on Freedom Generation.

M.T. Keshe

Thank you very much and goodbye.